

# Lemonade

# and Learn

## **Empowering Women Present: Laughter for the “FUN” of it!**

Join Laugh Coach Nancy Hanna  
for a time of energy, smiles, and laughter.

Learn why “laughter is the best medicine” and experience the  
joy of laughing as you engage in actual laugh exercises.

Benefits of laughter include adding energy, creativity, and  
even better sleep to your world. Picture yourself doing  
exercises such as the Cell Phone, the Dance,  
and the Roller Coaster.

As a former educator, Nancy has always loved empowering  
others to be their best. She knows the positive power of  
laughter and enjoys letting others experience its benefits.

Besides training and coaching businesses on the power of  
fun and effective leadership, Nancy does home parties  
bringing joy and laughter to friends and families.

Contact Nancy at [nancyhayhanna@gmail.com](mailto:nancyhayhanna@gmail.com) or by  
calling (515 ) 777-5247.

